

Introduction to Psychology

Brief description of course content (According to the programme's verification report)

Descriptors:

Epistemological foundations. History of Psychology. Psychological processes. Fields of application for Psychology.

Contents:

Epistemological foundations of Psychology. History of Psychology. Introduction to the basic psychological processes. Areas of application for Psychology.

Learning outcomes

GENERAL AND SPECIFIC COMPETENCES

Training objectives:

To understand the functions, characteristics and limitations of the different models in Psychology.

To understand and use properly the scientific concepts characteristic of Psychology.

To familiarise yourself with Psychology as multidisciplinary knowledge.

To understand the different fields of application for Psychology.

Familiarisation with the main databases and bibliographical sources in Psychology.

SPECIFIC COMPETENCES OF THE TOPIC:

1. To relate Psychology to the group of different scientific disciplines.
2. To have basic knowledge of the different schools of Psychology and their historical evolution.
3. To understand the most important characteristics of the different basic psychological processes.
4. To have the key concepts of the different fields of application for Psychology.
5. Use of IT resources and bibliographic sources for Psychology.

OBJECTIVES (EXPRESSED AS THE EXPECTED RESULTS FROM THE TEACHING)

- To understand the main findings, conceptions and theories of Psychology as well as its characteristics and limitations.
- To understand the different schools of thought in Psychology, their historical development and effect on current Psychology.
- To be able to relate and integrate a basic knowledge of Psychology with other related disciplines (Biology, Mathematics, Philosophy, Neuroscience, etc.).
- To be able to establish critical judgement about the main scientific research regarding the basic psychological processes.
- To develop reading and analysis strategies for key texts in historical and current Psychology.
- To commence with the research methods in Psychology and reflect about the strong and weak points of each method.
- To know how to search for and select relevant information related to Psychology and its different fields of application in the world today.
- To acquire the skills to analyse relevant information about the contents of the subject and discuss this in groups.
- To know how to transmit and disseminate the knowledge acquired, both orally and in writing.

To optimise the use of new technologies to acquire and spread knowledge in Psychology.

Planned learning activities

Theory Syllabus

1. PSYCHOLOGY AS A SCIENCE.
2. HISTORY OF PSYCHOLOGY.
3. BASIC PSYCHOLOGICAL PROCESSES.
4. APPLIED ASPECTS OF PSYCHOLOGY.

TEACHING METHODOLOGY

- Master class
- Debate, discussion of contents, Socratic seminars
- Literature search and handling document sources
- Introduction to research in experimental Psychology
- Oral presentation
- Poster presentation
- Conferences
- Group work
- Individual work
- Exercises for the practical application of the contents

- Class blog

Use of IT: Internet platforms (Prado), information searches (books and journals on databases), bibliography managers, word processors and presentation programmes.

Practical Syllabus

REDUCED GROUP ACTIVITIES:

- Student presentations in class. Seminars, workshops.
- Debates.
- Demonstrations of the basic principles in class.
- Use of e-learning through PRADO2.
- Practical and laboratory activities.
- Completion of different assessment questions and activities in class.
- Completion of individual or group papers.