

Community Psychology

Brief description of course content (according to the programme's verification report)

Descriptors: Theoretical models, project planning and design, programme assessment, social intervention strategies

Contents:

- Community Psychology: background, definition and characteristics
- Theoretical models in Community Psychology
- Needs assessment
- Project planning and design
- Programme assessment
- Prevention in social intervention
- Social support and mutual support groups
- Participation and social volunteer work

Learning outcomes

Training Objectives:

1. To understand the conditions which marked the emergence of Community Psychology.
2. To describe the main conceptual framework of Community Psychology.
3. To acquire knowledge and put techniques into practice in order to analyse and describe the social reality, as well as to design and assess social intervention programmes.
4. To make a critical reflection about different experiences of social intervention
5. To develop a critical awareness of the social reality

Planned learning activities

Theory Syllabus

Block 1: "DEFINITION AND THEORETICAL MODELS IN COMMUNITY PSYCHOLOGY (CP)"

- 1. Community Psychology: background, definition and characteristics
- 2. Theoretical models in Community Psychology

Block 2: "PROCESS AND METHODOLOGY IN SOCIAL INTERVENTION"

- 3. Needs assessment
- 4. Project planning and design
- 5. Programme assessment

Block 3: "BLOCK 3: SOCIAL INTERVENTION STRATEGIES"

- 6. Prevention in social intervention
- 7. Social support and mutual support groups
- 8. Participation and social volunteer work

Block 4: AREAS OF APPLICATION FOR CP: SOCIAL SERVICES

- 9. The public social services system in Spain

Practical Syllabus

This consists of:

- *Individual Activities: Critical analysis of community social intervention projects:* The reading material will be available on PRADO. For each subject topic a complementary activity will be proposed, which should be completed virtually on PRADO and questions about this will be answered in person. The main objective of the subject's practical exercises is to provide students with the required methodological tools to practice social intervention in its different stages, which will mean:

-*Group activity 1. Needs assessment.* Design instruments to perform a needs assessment in a specific setting: group discussion, interview with key informants, survey... If there are no COVID restrictions, fieldwork will be carried out.

-*Group activity 2: Design an community social intervention project in the area of family and infancy.* This practical exercise includes carrying out a literature search and creating a blog. It is a requirement that 20% of the selected bibliography must be in English.