

Psychology of Social-affective and Personality Development

Brief description of course content (According to the programme's verification report)

- Research theories and methods in social-affective and personality development.
- Prenatal and newborn development.
- Attachment development.
- Emotional development.
- Development of social awareness.
- Moral and pro-social and aggressive behaviour development.
- Personality development. Family, peers and socialisation.

Learning outcomes

Training objectives:

A. Basic knowledge of the Psychology of Development and its applications.

- To understand the different explanatory theoretical models of social-affective and personality development.
- To understand research, observation and registration methods in social-affective and personality development.

B. Evaluate and describe changes as of the main evolutionary theories.

- To identify and predict normative behavioural and epistemological changes in a person.
- To know and understand evolutionary changes in affective-emotional components and social relationships throughout the life cycle.

Planned learning activities

Theory Syllabus

- Topic 1. Research theories and methods in social-affective and personality development..
- Topic 2. Attachment development.
- Topic 3. Emotional development.
- Topic 4. Moral development and pro-social and aggressive behaviour development.
- Topic 5. Personality development.
- Topic 6. Social-affective development in relationships between peers and in the family context.

Practical Syllabus

Individual and/or group work will be carried out to reinforce and examine in depth specific aspects of the theoretical syllabus